

Grit and Resilience Milestone

Sub-Competencies	Novice Learner 1	Intermediate Learner 2	Competent Learner 3	Exceptional Learner 4
1. Can identify and articulate a goal	Rarely acknowledges a goal or task they hope to complete.	Sometimes acknowledges a goal or task they hope to complete.	Often acknowledges a goal or task they hope to complete.	Consistently acknowledges a goal or task they hope to complete.
2. Perseveres toward a goal	Rarely persists in taking steps necessary toward achieving a goal or completing a task.	Sometimes persists in taking steps necessary toward achieving a goal or completing a task.	Often persists in taking steps necessary toward achieving a goal or completing a task.	Consistently persists in taking steps necessary toward achieving a goal or completing a task.
3. Has strong sense of purpose tied to goal	Rarely demonstrates sense of purpose and alignment between that purpose and pursuit of a goal or task.	Sometimes demonstrates sense of purpose and alignment between that purpose and pursuit of a goal or task.	Often demonstrates sense of purpose and alignment between that purpose and pursuit of a goal or task.	Consistently demonstrates sense of purpose and alignment between that purpose and pursuit of a goal or task.
4. Maintains focused effort	Rarely maintains focused effort and prioritizes time to do what is necessary to achieve a goal or complete a task.	Sometimes maintains focused effort and prioritizes time to do what is necessary to achieve a goal or complete a task.	Often maintains focused effort and prioritizes time to do what is necessary to achieve a goal or complete a task.	Consistently maintains focused effort and prioritizes time to do what is necessary to achieve a goal or complete a task.
5. Recovers quickly from a setback or failure	Rarely demonstrates forward-moving perspective and adapts after experiencing a setback, failure, or criticism.	Sometimes demonstrates forward-moving perspective and adapts after experiencing a setback, failure, or criticism.	Often demonstrates forward-moving perspective and adapts after experiencing a setback, failure, or criticism.	Consistently demonstrates forward-moving perspective and adapts after experiencing a setback, failure, or criticism.